SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY SAULT STE MARIE, ON



COURSE OUTLINE

Course Title: Professional Growth I

Code No.: MST114 Semester: 2

Program: Massage Therapy Program

Author: Ruth Wilson

Date: Sept/97 Previous Outline Date: 09/96

Approved

Dean 7/ Date/ ^

Total Credits: 3 Prerequisite(s): NA
Length of Course: 3 HrsAVk Total Credit Hours: 48

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L PHILOSOPHY/GOALS:

This course enables the student to review the history and evolution of massage therapy. The student will gain an introductory understanding of the ethical and legal basis for massage therapy practice. The role of the Re^stered Massage Therapist as well as other members of the Health Team will be examined.

IL LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

A. Learning Outcomes

Upon successful completion of this course the student will be able to:

- 1. Explain factors influencing the evolution of massage therapy and massage therapy education.
- 2. Explain factors influencing the development of the image of massage therapy.
- 3. Describe the concept of massage therapy as an evolving profession.
- 4. Explain relevant legislation which impacts on massage therapy.
- 5. Compare and contrast the role of the Registered Massage Therapist with other Health Team members.

B. Elements of Performance

- 1. Expldn factors influencing the evolution of massage therapy and massage therapy education.
 - a) Describe the historical development of massage therapy.
 - b) Determine key factors which have impacted on the evolution of massage therapy in Canada.
 - c) Describe the historical development of massage education in Canada.
 - d) Determine key factors wWch have impacted on the evolution of massage education.

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n LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE (Continued)

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- 2. Explain factors influencing the development of the image of massage therapy.
 - a) Detenmne images of massage therapists and massage therapy.
 - b) Explain factors which have influenced the development of these images.
 - c) Identify consequences to these images.
 - d) Describe strategies to enhance or change the image of massage therapists and massage therapy.
- 3. Describe the concept of massage therapy as an evolving profession.
 - a) Describe the formal characteristics of a profession.
 - b) Describe the following professional characteristics as it relates to the practice of massage therapy in the province of Ontario:
 - i) Licensure
 - ii) Self-Regulation (RHPA/Massage Therapy Act and Regulations/ Standards of Practice)
 - iii) Provincial Organizations
 - iv) Philosophy of Massage Therapy/Mission Statement
 - v) Knowledge Base in Massage Therapy (core knowledge; research, professional development)
 - vi) Ethical Framework
 - personal value classification
 - massage ethics/massage creed
 - basic ethical concepts/theories
 - model for ethical decision making
 - ethical issues relevant to massage practice (i.e. boundary ^aolations and dual relationships)
- 4. Explain relevant legislation which impacts on massage therapy,
 - a) Differentiate between the following terms:

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n. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE (Continued)

- i) common law and statutory law
- ii) civil law and criminal law
- iii) negligence and malpractice
- b) Determine the massage therapist*s legal obligations to protect the client's right to:
 - i) privacy
 - ii) confidentiality
 - iii) choice: informed consent and right to refuse treatment substitute decision making
 - iv) information: truth telling
- c) Determine the massage therapist's legal obligation for mandatory reporting of colleagues.
- d) Explain professional misconduct relevant to the practice of massage therapy under the following topics:
 - i) failure to maintain the Standards of Practice
 - ii) sexual impropriety/abuse
 - iii) inadequate documentation
 - iv) breach of confidentiality
 - v) failure to obtain informed consent
 - vi) misrepresentation
 - vii) failure to meet professional/legal obligations
 - viii) conflict of interest
 - ix) disgracefiil/dishonourable/and unprofessional conduct
 - x) working while impaired
 - xi) business ethics (will be covered in detail m Professional Growth

n)

- 5. Compare and contrast the roles of the Registered Massage Therapist with other Health Team members.
 - a) Determme the various settings where massage therapist work.
 - b) Describe the various roles and responsibilities of the massage therapist within each setting.

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n. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE (Continued)

c) Describe the roles of various members of the health care team which interface with massage therapists:

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- i) traditional
- ii) allied
- iii) complimentary

m. TOPICS:

- 1. History and Evolution of Massage Therapy
- 2. History of Massage Education
- 3. Images of Massage Therapy: Past/Present/Future
- 4. Massage Therapy as an Emergmg Profession
 - a) Licensure
 - b) Self-Regulation
 - c) Professional Organizations
 - d) Philosophy of Massage Therapy/Mission
 - e) Knowledge Base in Massage Therapy Research and Professional

Development

- f) Ethical Framework
- 5. Legal Considerations in Massage Therapy
- 6. Roles and Functions of the Registered Massage Therapist
- 7. Health Care Team: Roles and Responsibilities
 - Traditional Members
 - Allied Members
 - Complimentary Members

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

- L Regulated Health Professions Act 1991 as amended by: 1995, Chapter 37. Queen's Printer for Ontario.
- 2. Bill 52, Massage Therapy Act, 1991. Queen's Printer for Ontario.

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IV. REQUIRED RESOURCES/TEXTS/MATERIALS (Continued)

- 3. <u>Health Care Concent Act.</u> Queen's Printer for Ontario
- 4. College of Massage Therapist
 - a) Code of Ethics/Standards of Practice
 - b) Ontario Regulations made under the Massage Therapy Act
- 5. Fritz, S. (1995). <u>Fundamentals of Therapeutic Massage</u>. Mosby Lifeline.
- 6. Purtilo, Ruth. (1993). <u>Ethical Dimensions in the Health Professions</u> (2nd ed.). W.B. Saunders.

EVALUATION PROCESS/GRADING SYSTEM

- 1. The pass mark for this course is 60%. The letter grades for this course will be assigned in accordance with those established by Sault College.
- 2. The evaluation methods will be determined and discussed with students within the first two weeks of the course.

VL SPECIAL NOTES:

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs Office.

The instructor reserves the right to modify the course as deemed necessary to meet the needs of students.

Vn. PRIOR LEARNING ASSESSMENT

Students who wish to apply for advanced credit in the course should consult the instructor/Coordinator.